

# **Instruction For Use**







# **Product Description**

Zirconat Dental Ceramic Blanks are pre-sintered Zirconia based Dental Ceramics and designed for dental laboratories and clinics to produce zirconia dental bridges, crowns, substructures, inlays, onlays and veneering applications by CAD (Computer Aided Design) and CAM (Computer Aided Manufacturing) operations with milling machines.

Chemical Composition	Unit	Y-TZP			
$ZrO_2 + HfO_2 + Y_2O_3$	wt%	≥98,5			
$Y_2O_3$	mol%	3-5			
$AI_2O_3$	wt%	<0,5			
Other oxides	wt%	<1			
Physical Properties	Unit	AHS	AHT	AST	AUT
Sintered Density	g/cm³	~6,05			
Bending Strength (3-point flexure)	Мра	>1100	>1000	>900	>600
Translucency (1mm thickness)	%	35	40	45	49
Coefficient of Thermal Expansion (CTE)	10 <sup>-6</sup> /K	~10,5			

# **Design Parameters**

All values for sintered restorations.

Indication		Minimum Restoration Thickness (mm)			
		AHS	AHT	AST	AUT
Anterior	3-unit Bridges and substructures	0,5	0,5	0,6	0,9
	4-6-unit Bridges and substructures (2 pontics)	0,6	0,6	0,7	
	7-14-unit Bridges and substuctures (2 pontics)	0,7	0,7		
Posterior	3-unit Bridges and substructures	0,6	0,6	0,7	1
	4-6-unit Bridges and substructures (2 pontics)	0,7	0,7	0,8	
	7-14-unit Bridges and substuctures (2 pontics)	0,8	0,8		
Anterior / Posterior	Cantilever Bridges (1 pontic)	0,7	0,7	0,8	
	Crowns	0,5	0,5	0,6	0,8
	Veneers, Inlays and Onlays		0,5	0,6	0,8

#### **Indications**

Zirconat® Zirconia Dental Ceramic Blanks are medical devices for dental treatment which are used in dental applications for fabricating dental restorations like crowns, bridges, substructures, veneers, inlays and onlays.

**Zirconat AHS**: In anterior and posterior area;

- Fully veneered crown and bridge (≤14 units) substructures,

**Zirconat AHT**: In anterior and posterior area;

- Fully anatomical crowns and bridges (≤14 units),
- Fully veneered crown and bridge (≤14 units) substructures,
- Implant superstructures, veneers, inlays and onlays

**Zirconat AST:** In anterior and posterior area;

- Fully anatomical crowns and bridges (≤6 units),
- Fully veneered crown and bridge (≤6 units) substructures,
- Implant superstructures, veneers, inlays and onlays

**Zirconat AUT:** In anterior and posterior area;

- Fully anatomical crowns and bridges (≤3 units),
- Fully veneered crown and bridge (≤3 units)
- Veneers, inlays and onlays

#### **Contraindications**

- Bruxism
- Very short crown
- Parafunctional habbits
- Insufficient oral hygiene
- Insufficient hard dental tissue

#### **Preparation**

The CAD / CAM software instructions must be followed to scan and design restorations. Zirconat Dental Ceramic Blanks should be used in accordance with the design and recommended parameters.

The successful design with the computer aided is the basis of durable ceramic restoration.

### **Shrinkage Factor (SF)**

All Zirconat Dental Ceramic Blanks have a porous structure before sintering process. In the sintering process, a kind of compaction occurs which causes the restoration to shrink by approximately 20%. Therefore, all dental restorations should be milled according to the specified shrinkage factor, taking into account shrinkage during the sintering process.



The shrinkage factor ensures that dental restorations are optimally adapted after sintering.

Shrinkage factor (SF) and related Lot No are located on the product and packaging label.

### Milling

- Carbide inserts should be used as a milling tool.
- Insert the blank in the machine according to the operating instructions of the CAM system.
- Start the milling process, taking care that the restoration thicknesses are adequate, and the positioning are correct.
- After finishing of the milling process, remove the blank from the CAM system and check for any damage.
- Remove the restoration from the blank with a diamond grinding tool.
- Carefully clean the restoration with a soft brush or oil-free compressed air.
- Care should be taken to avoid contamination after milling. Contamination can cause restorations to deteriorate during sintering.

### **Sintering**

- Dental restoration before sintering should be sure that it is completely dry and clean.
- Sintering process will give restorations the ultimate physical properties such as high strength and translucency and the restorations will shrink to the final size during the process.
- During sintering, the restorations should not touch each other.
- Sintering Furnace should be programmed according to Zirconat Sintering Table below in accordance with instruction for use.

Step	Temperature (°C)	Temperature/Time (°C/min)	Time (min)
1	20 - 920	7,5	120
2	920 - 920	-	30
3	920 - 1460	3	180
4	1460 - 1460	-	120
5	1460 - 110	-9	150

#### **After Sintering**

- After sintering, at first defects and cracks should be checked.
- If necessary, the restorations can be retouched using a diamond-coated bur. However, the process should be done mechanically at minimum level. In addition, during the process should be careful with water cooling, overheating should be avoided.
- The restoration should be fitted to the model, its compatibility must be checked and, if necessary, marginal areas should be treated with minimal pressure. Sharp edges and angles should be targeted during the procedure. Minimum restoration thicknesses should be checked after complete the process.
- The restoration should be cleaned and dried with water or steam before veneering process.

## Veneering

All veneering ceramics for zirconia restorations with a thermal expansion coefficient (CTE) of  $10 - 11 \times 10^{-6}$ /K are suitable for veneering Zirconat Dental Ceramic Blanks. The entire surface of the restoration should be completely covered with ceramic to form a homogeneous layer and the instructions for use of the selected veneering ceramic must be followed.

## **Safety**

Personal protective equipments should be use during the process. (dust mask, protective glasses and gloves etc.)

# **Storage**

It is recommended to store the product in its original packaging, at room temperature and in a dry indoor.

<b>_i</b>	Instructions for use	$\triangle$	Caution
***	Manufacturer	~~	Date of Manufacture
REF	Catalogue Number	><	Use-by Date
LOT	Batch Code	Ť	Keep Dry
<b>©</b>	Do not use if package is damaged	NON	Non-sterile
C€	EC Certificate	8	Do not re-use
₹Ŝ₽	Turkish Standards Institution	SO	Int. Organization for Standardization

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